

Equine Align Academy



*I believe that
change should never be forced upon a body...
rather the body must be allowed to find it's natural alignment and rhythm
through relaxation. Then the changes are lasting.*

Sara Stenson
CMT. CEMT. CNMT



What You Learn at Equine Align Academy 1

Goals of EQUINE ALIGN Classes: 2

Our Unique Approach & Philosophy 2

Classes 4

EQUINE ALIGN ACADEMY INTENSIVES: 5

FACULTY: 6

 Sara Stenson, CMT, CEMT, CNMT, CST I 6

 Michael Stenson, B.S., CEMT, CST I 7

 Guest Faculty 8

TERMS & CONDITIONS 9

 The Spirit of Our Terms & Conditions 9

 Enrollment Procedures 9

 Payment Schedule 9

 Grading 9

 Conduct Policy 10

 Dismissal 10

 Refund Policies 10

 Educational Interests 11

 Health Background Information: 11

 Narrative Information: 12

APPLICATION FOR ADMISSION



What You Learn at Equine Align Academy

The Equine Align Academy – The Art of Equine Bodywork is hands-on bodywork where you learn to feel where movement is hindered and release it. Here your head learns what's needed, your hands become skilled at facilitating changes, and your heart soars with the feeling that you can truly make a difference in the life of these wonderful creatures.

Every rider wants a quiet horse that is supple and willing to participate. Every rider wants a horse that moves gracefully and powerfully at work and at liberty. Every rider wants to extend the performance life of each horse. Every rider is looking for the thrill of their perfect ride and a seamless partnership each time they are with their horses. Riders and trainers practice their drills, techniques, and aids yet many times the perfect ride and partnership is left to fate and a good day. This does not have to be the norm for horses and riders. Restrictions and traumas in muscles play a key role in how freely the horse moves, how good he feels, and how clearly he is able to respond to his rider.

The perfect ride is our guiding vision for this unique and effective work that you will learn to share with horses. Having an ideal in your mind is a guiding principle, a way to assess and measure that the horse is performing to his fullest potential. Understanding what is ideal is critical to your thinking and assessing process so you are able to look at each horse as a unique individual with a personal set of skills, a particular style of moving, and a spirit that is special to him.

Why is it that many times the perfect ride seems so illusive? We feel something is not right, the rhythm is off, the gaits are restricted, lateral flexion and lead changes are not symmetrical, or the horse just doesn't have the required energy to do the job. Rather than relate it to laziness, poor work ethic, or just having an off day for the third day in a row, perhaps we can begin to give the horse the benefit of the doubt and look for reasons for reluctance within the physical structure itself.

Often times injuries, traumas, poor fitting tack, uneven feet and unbalanced riding can induce pain and resistance which prevents horses from performing to their highest ability. Skillful bodywork will help isolate and heal injuries. Bodywork will promote relaxation of the muscles to effectively change inefficient and oftentimes painful movement patterns and habits. Through relaxation the horse will become softer, more agile, responsive and willing to work as a partner to the rider. When a horse is feeling his best, his heart, soul, and spirit are expressed through joyful movement.

Goals of EQUINE ALIGN Classes:

Our goal is to create equine body work practitioners who are highly capable of delivering real observable changes in the horse's ability to move with free expression, perform with ease and comfort, and maintain general overall sound health. There are many aspects to this goal. Lasting changes are never forced, so we teach a feel following a feel approach. We train your eyes to see and your senses to evaluate what constitutes freedom in movement and to be able to pinpoint where the energy gets blocked, and then the techniques to release restrictions. A skillful Equine Align practitioner should be able to understand the horse's health from a natural structural alignment perspective, see the benefits of symmetry, and feel the qualities of a well balanced horse. It takes knowing what lives beneath the surface so you study physiology, anatomy, biomechanics, and natural movement. All of these facets are important for an in-depth understanding of how and why Equine Align bodywork method is so effective in changing how a horse moves.



We want to shed a new light and foster respect for an ancient healing art that is gaining recognition in the modern world of horse and human. Skill and knowledge means everything in the equestrian world and one must be skillful to gain the respect of trainers, riders, and other equine professionals. Everyone also knows that real knowledge is not gained overnight and there is no short cut to developing a skill into an art. Ideally, effective bodywork should be an integral part of the horse's training regimen. Respect for Equine Align Academy's philosophy and it's practitioners follows knowledge, mastery of skills, and an ability to communicate with a wide variety of individuals. If you are seeking to make a real difference in the quality of life for horses Equine Align Academy is the place to begin.

Our Unique Approach & Philosophy

Equine Align Academy: In the lessons you will learn how to effectively perform a complete hands-on Equine Align treatment. You also study foundational bodywork concepts, participate in demonstrations and have opportunities to get answers to your questions. Equine Align is always a four-phase process: 1. Approach 2. Assess, 3. Treat 4. Evaluate Results. The phases are not really discrete in that you won't always be able to say precisely where one ends and another begins and frequently a session will flow back and forth between assessing, treating and evaluating. We break it down into phases so that it can be studied in bite-sized pieces and you don't have to eat the whole elephant all at once. Lessons are broken out by the goals and skills needed for each phase. In every lesson you learn both theory and practical skills with a strong hands-on emphasis for experience.

Approach: The massage begins the moment the horse is aware of your presence. Always we want the horse to be a willing participant in their Equine Align session. Working with their innate desire to feel balanced is going to be your first and most critical tool. Getting and holding their attention is the basis for everything that follows. So, it's not possible to be too subtle at noticing how the horse responds to you and adjusting your approach accordingly. Everything a horse does means something to them and while we may never know exactly what's intended it's a never



ending and fascinating study to sort out how to adjust what we're doing so they notice, communicate and respond with us. Reading the Horse lessons are all about enhancing your ability to notice and be noticed.

Assess: Every session begins with an assessment because before you know what to work on you must know what's needed. To know what is needed comes from listening to what is out of balance. Movement lessons teach you to use the principles of biomechanics as a model to assess balance and self-carriage. Studying the horse this way enables you to see what's missing, what's interfering, what's needed and to form a guiding vision to work towards. The skillful sense of timing and sensitivity you cultivate here enables you to help the horse become the idea as you supple, relax, and influence the horse to seek what's right for them.

“Horses notice what you notice and the more you notice the more interesting they find you.”
~Noffsinger~

Treat: Equine Align is a dynamic art where techniques applied with sound principals are tools of the trade. Here you learn to work on horses the way Michelangelo carved a statue when he said that he *"looked at the slab until a figure revealed itself and then released the figure from the stone."* Feeling your way through a horse's body is an exploratory process. Your curiosity and exploration is the work because as you find hard lines of resistance and bracing you resolve them through listening. You start with attentive, hands-on listening and look for the horse to realize you're showing her where and how to let go of a problem so she can make the changes from within then the results will be lasting. The connection with the horse is established during your approach and deepens as you use your hands to direct the horse's attention so that you never use force to facilitate changes. Learning to Listen, Connect, Follow and Influence are the principles that will become your Equine Align working model.

Evaluate Results: Practicing this way your Equine Align sessions always result in real, observable improvement in a horse's self-carriage at rest, at liberty, and while working. Once again the principles of biomechanics provide you with the guidelines and language needed to assess and discuss how the horse's poise, balance, strength and well-being have improved.

On a foundation of sound philosophy of equine biomechanics added to principles and proven techniques of bodywork you evolve this work into your own style of healing art. Without these two knowledge foundations there is no guiding vision - nothing you're striving to create and no sense of how to create it. Working to a purpose makes the difference between just doing something and making observable in the alignment, symmetry and balance; doing precisely the right thing to change how the horse carries himself. Equine Align Academy is the only place where you learn how to assess self-carriage so that you see and understand what's missing, what's interfering, what's needed and form a guiding vision to work toward.

In any action, the entire body should be light and agile and all of its parts connected like pearls on a thread. No one part should resist moving with the whole.
~Cheng & Smith~

The model we follow is Listen, Connect, Follow and Influence ©. Listening begins with approaching the work quietly so we are able to sense and interpret small signals the horse gives. Then we connect by sensing the horse listening back to us. Following begins as we allow our hands to be led by the horse. As we explore patterns of clenching or bracing we influence healing by waiting for the intelligence of the horse to make the enduring changes. Skillful timing and sensitivity enables you to release a horse's bracing, tension and compensating patterns as you supple, relax and encourage the horse to seek what's right for them.



Equine Align Academy course gives you experience with a wide variety of horses. Equine Align Academy offers an unparalleled opportunity to study movement, performance, and biomechanics while working with a variety of horses.

“Try something, notice the results, adjust your presentation and try again.”

~Bill Dorrance~

Classes

Intensives address the whole horse from the mind to the hooves and the majority of time is hands on learning. Equine Align courses are based in classical western and eastern principles of holistic health care and maintenance for horses. The basis of the work is to effect real structural changes by learning to see, influence, and release movement thereby promoting health and optimizing the athletic potential inherent in each horse. The core curriculum includes:

- **Equine Align:** The foundation modality is the ancient healing art of acupressure. You dedicate a majority of your time here learning the principles, theory, and application of this simple yet profound practice of energy rivers. Taking the best from both East and West, you study and apply the modalities of neuromuscular re-education, craniosacral therapy and myofascial release theory from the western traditions. Blending these methods seamlessly you learn to influence to facilitate change without resorting to force or a matching of wills. Learning to listen, connect, follow, and influence © is our model of communication to get the horses interacting with you so they can make the changes from within for themselves. Then the changes are lasting.
- **Equine Movement, Alignment, Balance, and Rhythm:** Life is movement. Horses move, run, buck, rear up, and kick out as they play and find their place within the herd. They have an inherent rhythm and a natural balance. Rhythm, balance, and timing are as graceful as the natural alignment and design the skeletal structure allows. The quality and suppleness of the soft tissues have to work according to their inherent design in order to move the horse with ease and fluidity. How happy the horse is shows on the face and reflects in the willingness to participate. Knowing how to see when horses are struggling with restrictions is the first step to resolving problems within the structure.
- **Functional Anatomy and Biomechanics:** Bones are the levers, muscles pull the levers, tendons and ligaments attach it all together and fascia is the covering that wraps the entire collection of pieces into one amazing whole. How, why, and what direction it all moves gives us an understanding of how to work within the boundaries of the natural design of the equine body. When the structure is correctly aligned, the body naturally expresses itself freely without pain or restriction. Knowing what is under the skin and hair is a tool for your hands to understand what they are effecting. Names and directions are the road map to knowing which end of the horse we are talking about. Anatomy has its own vocabulary, not to be intimidated by, but to be truly fascinated with. The language and imagery of anatomy charts the marvelous and mysterious landscape of a living and breathing organism.
-
- **Physiology:** By taking a microscopic look into the building blocks of the bones, muscles, and fascia, you will understand the soft tissues on a basic cellular level. Learn the busy little components of muscles that creates the action from the brain to the movement of the bones, the tough fibers of fascia that binds the horse into an integrated unit, and the importance of nerve impulses for movement. Knowing the little things unseen by the naked eye is a marvelous journey to the tiny living cells that make up the body that we see when we look at a horse.



- **Reading the Horse:** Knowing when horses are listening to you and granting you influence is essential to this work. Every movement means something to horses and learning to read and hear what they are telling you makes the difference between just rubbing a muscle and helping horses make lasting changes. Sometimes more than half of the massage session can be accomplished from simply asking a horse to soften with a slight amount of pressure which gets them to work with you from their minds to their feet. This gains their trust and softens their resistance thereby allowing you to discern the real soft tissue restrictions from their mental and emotional bracing.
- **Communication Tools and Concepts:** When asked, "This is massage. What could communication possibly have to do with massage?" I answer, "What in this world isn't about communication?" We live by communicating and we communicate to feel connected, to get what we need, to understand one another, to be understood by others and to feel a part of the whole. How we communicate determines the results we are trying to achieve. Equine Align is communication through your hands to another mind and body. The more clearly you convey meaning the more certain and trustful horses will be of your intentions to help. We don't just mechanically rub muscles a certain way for a certain amount of time with a certain amount of pressure and assume everything will fall into its proper place. The body cannot make sense of that approach. First we learn to listen, then we can truly connect to another, when we connect we can follow what the other is telling us and then we might be granted influence to be of genuine help. Anything short of that is an effort to force our will upon another.
- **Hoof Anatomy and Care:** No amount of bodywork will help the entire structure of the horse if the feet are not functioning according to their natural design. Bones, ligaments, tendons, sensitive and insensitive areas along with the physiology of the hoof will be studied. You will gain understanding of when the horse's feet are an asset or a liability.

While all of these classes are separate ideas, we know they are so closely related that it can be difficult to say where one ends and the other begins. All the elements need to be complimentary and interdependent to one another for there to be balance, symmetry, rhythm, strength and integration of the whole horse. Equine Align is a unique and holistic program in that it emphasizes the importance of having knowledge about all the facets so you can understand how to help the horse move and express itself joyfully.

Class size is limited so each student will have time for individualized attention and time to get hands on experience with a variety of horses. This is about learning to think critically so that any problem you encounter in the field can be solved by knowing which tool is right for the job and when it is necessary to refer to another caregiver. We could teach you a thousand techniques but what would you do when you reached horse one thousand one? We teach you principles so that you never reach the end of your problem solving skills or your ability to discover new things in your practice.

EQUINE ALIGN ACADEMY INTENSIVES:

INTENSIVES – Four Week In-depth course held in Ocala, Florida :

The four-week Intensive provides in-depth course work in every important aspect of Equine Align

- Acupressure, myofascial release, and cranio-sacral methodology
- Touch as a tool of communication
- Approach, assessment, and treatment
- Biomechanics and artistic expression of equine movement



- Form, function, and alignment make up biomechanics methodology
- Anatomy of muscles, connective tissues, bones
- Saddle construction and proper fit
- Reading and quieting the horse

Equine Align Academy Intensives are primarily hands-on learning with many different types of horses from different disciplines of training. Students who attend clinics gain practical skills of Equine Align and a working theory of how to perform a complete hands-on session. By understanding equine biomechanics you learn what it is you wish to accomplish for the horse to carry himself with efficiency, expression and grace at liberty and under saddle. When we can grasp the principles of the ideal we can then learn to see where things get disconnected, how pathologies inhibit and past traumas reveal themselves so a clear direction to help the horse appears. We also explore the dynamic art of touch for reciprocal communication, partnership and gentle training to create a trusting bond between horse and human. Classes are held five days per week, Monday - Friday, for four weeks.

Requirements: Applicants must be skilled horse people, at least 18 years old and pass the applicant screening process.

FACULTY:

Sara Stenson, CMT, CEMT, CNMT, CST I

Sara grew up riding fences and herding cattle on an 8,000-acre Aberdeen Angus cattle ranch in eastern Wyoming. She spent countless hours playing horse tag, riding double through streams and ponds and sneaking a ride on "Big Red" whenever opportunity presented itself. Sara is a life long equestrian. After receiving a traditional Shiatsu treatment from a friend, Sara immediately became an apprentice of Barefoot Shiatsu and studied with Shizuko Yamamoto in the 70's. She later received her Certification in Massage Therapy and Body Insight Neuromuscular Re-education in 1995, studied equine bodywork from a certified Rolfer and continues to study CranioSacral Therapy with the Upledger Institute and body placement therapy with an osteopath. In the mid 90's when she was asked for the umpteenth time if she would work on horses she decided to include them in her practice. The purity of a horse's process to heal through touch is what keeps this practice so fresh and intriguing for Sara.

Sara's Equine Align practice is a unique combination of Shiatsu massage and T'ai Chi Ch'uan principles of natural movement and she incorporates skills gleaned from studying natural horsemanship and dressage. She believes that change should never be forced upon a body; rather the body must be allowed to find its natural alignment and rhythm through relaxation.

Sara has been a student, practitioner, and teacher of the Yang Style Short Form since that the late 70's. Sara taught T'ai Chi at the Dali Lama's 1997 Conference on Education at Naropa Institute in Boulder, CO. She created T'ai Chi for Horsemen clinics and released a DVD entitled "T'ai Chi Chi Gung - An Ancient Art for Horsemen". Working with the rider and the horse she helps facilitate freedom of movement and a quiet listening communication for the partnership through relaxation. Sara maintains her private practice in Ocala, Florida.



Karen Saindon, CEMT

At the age of two, Karen rode off into the sunset on her 12 hand high steed named Dandy, Actually, Dandy was last seen off in the sunset. Karen was in a snowbank. That was the beginning of her journey with horses that has continued throughout her life.

Karen grew up on a mixed farm operations in Manitoba, Canada, where they kept broodmares and wintered Standardbred racehorses that her grandfather raced for a living. By age ten, she noticed that Standardbred horses needed a flat surface in order to pace or they'd break into a gallop. In fall, when the racehorses came to the farm, she rode each one into a slope where they would break into a gallop until they reached the top. By spring, all of her grandfather's pacers were galloping, some of which were running barrels! This was the first idea that sparked her love of equine movement.

In 2003, Karen's horse sustained a severe sweeney injury to the shoulder, where all soft tissues completely atrophied leaving behind only skin and skeleton. Although it was suggested that her horse be euthanized, she started researching a solution and contacted Sara Stenson from The Art of Equine Bodywork. Sara guided her in the rehabilitation, and within a year, her horse completely recovered.

In 2004, Karen graduated from The Art of Equine Bodywork program and has a full practice in Canada and the United States. She has continued her education in Cranial Sacral Therapy and is currently a student of the Vluggen Institute of Equine Osteopathy, Germany. Her work has evolved into teaching in Canada and the US. Karen works with Equine Assisted Programs at home and in Europe. She is also retired from the Royal Canadian Mounted Police. Karen lives in Manitoba surrounded by her children and eight beautiful grandchildren.

Katie Cox, Farrier

"I love all things horses." Katie has grown her knowledge, kindred spirit mentality, and patience as a horsewoman over 30 years -- her life is about horses. In addition to being a farrier, leather worker, and jeweler, she is an equestrian stunt performer and has thrilled audiences circus vaulting, rodeo trick riding, liberty and mounted liberty, classical dressage, roman riding, and jumping for Cavalia, Arabian Nights, Saka Cirque & Cheval, and Cheval Art Auction in the U.S., Canada, Mexico, Australia, Abu Dhabi, Dubai, Belgium, Singapore, SouthKorea, Taiwan, Hong Kong, and China. She trained horses and stunt riders for Cavalia and managed their equestrian equipment and repairs from 2010-2017.

From a family of farriers, Katie had a passion for trimming and shoeing from a young age; she trimmed her first horse at 10 years old and her uncle that got her started continues to coach her shoeing skills. Katie takes an innovative approach to farriery; mixing time-proven methods with emerging technology to trim, shoe, and resolve performance and health issues. Each session begins with taking time up front to assess a horses feet and discusses what's needed to foster optimal self-carriage with the owner. Katie understands that every horse is unique and treats them with respect and compassion.

Katie studied performance trimming in 2015 and old world show jumping shoeing at Kimball Blacksmith 2016-18. Continuing education inspires and promotes her "outside the box" thinking as she loves to learn every chance she has and regularly visits seminars and clinics for new techniques and products.



Michael Stenson, B.S., CEMT, CST I

Michael Stenson's career began as an Organization Development Consultant in the early seventies. His love of horses came much later in life, however, when he met Sara. The joke between them was that she could have a horse when he could have an airplane. Never one to play fair, or give up easily, Sara brought home a starving appaloosa colt knowing that Sage would quickly capture Michael's heart.

At first he agreed to learn to handle Sage well enough to be able to feed and care for him but was quickly intrigued by the playful colt and soon was looking for a riding teacher. One thing led to another and now many, many happy hours and clinics later he lives with Sara, horses, dogs, cats and countless native critters in Ocala, Florida.

Michael's professional career has included working as a Business Coach, a Staff Development Trainer, an Operations Manager for a television research firm, a Senior Software Engineer, a Senior Systems Analyst, an Engineering Project and Product Development Manager, an Information Systems Manager, a Chief of Information Systems, an Information Technology consultant to Fortune 500 firms, a proposal writer and he has taught a variety of computer related courses at both public and private colleges.

At the age of two, Karen rode off into the sunset on her 12 hand high steed named Dandy, Actually, Dandy was last seen off in the sunset. Karen was in a snowbank. That was the beginning of her journey with horses that has continued throughout her life.

Karen grew up on a mixed farm operations in Manitoba, Canada, where they kept broodmares and wintered Standardbred racehorses that her grandfather raced for a living. By age ten, she noticed that Standardbred horses needed a flat surface in order to pace or they'd break into a gallop. In fall, when the racehorses came to the farm, she rode each one into a slope where they would break into a gallop until they reached the top. By spring, all of her grandfather's pacers were galloping, some of which were running barrels! This was the first idea that sparked her love of equine movement.

In 2003, Karen's horse sustained a severe sweeney injury to the shoulder, where all soft tissues completely atrophied leaving behind only skin and skeleton. Although it was suggested that her horse be euthanized, she started researching a solution and contacted Sara Stenson from The Art of Equine Bodywork. Sara guided her in the rehabilitation, and within a year, her horse completely recovered.

In 2004, Karen graduated from The Art of Equine Bodywork program and has a full practice in Canada and the United States. She has continued her education in Cranial Sacral Therapy and is currently a student of the Vluggen Institute of Equine Osteopathy, Germany. Her work has evolved into teaching in Canada and the US. Karen works with Equine Assisted Programs at home and in Europe. She is also retired from the Royal Canadian Mounted Police.

Karen lives in Manitoba surrounded by her children and eight beautiful grandchildren.

Guest Faculty

We are working to create an environment of learning where in the future we can offer specialized courses taught by guest faculty that have known expertise in their particular field of study. Please watch our website for future offerings. Those clinics will also be advertised to make sure everyone gets the notification.



TERMS & CONDITIONS

The Spirit of Our Terms & Conditions

In a perfect world we could operate on a smile and a handshake and the reality is that as hard as we try to screen out problem folks we haven't perfected that yet so every once in awhile we have to deal with sticky situations. If you've been in business for yourself, or as you'll soon learn, you have to set the ground rules for the lowest common denominator and try your hardest not to offend or scare your good customers. So, the upshot is that we have to write very explicit terms and conditions for some sections to deal with the corner cases. If you're one of those quarrelsome types, please don't bother to apply and if you're not then please don't be bothered by the language we have to use to deal with them. We also try to be simple and direct and do not try to cover every possibility. Hopefully you've already figured out from the tone of our approach that we're very reasonable, caring people doing our best to give you the best experience and education of your life.

Enrollment Procedures

You may apply for any Equine Align Academy course that suits your schedule. Following application, a representative of the school will interview candidates in an effort to determine each applicant's needs for success in the program.

Class size is limited. While we will hold a place for you in the course of your choice, after being accepted be sure to get your payment in quickly because we over-enroll sessions, courses are filled on a first paid basis and enrollment is not assured until we confirm receipt of payment. Once payment is received we will verify the session into which you have been enrolled. Applicants will be enrolled into their designated alternate clinic also on a first paid basis. A completed Enrollment Agreement signed by the student must be submitted along with the payment to complete enrollment.

Payment Schedule

No payment is due with any Equine Align Academy application. Applicants who are accepted into Equine Align hands-on programs will be sent an Enrollment Agreement, which you sign and return with the appropriate payment.

Intensives: Payment for Intensives begins with an Initial Payment of \$355.50 for the online course and to reserve a place and the balance of tuition is due at orientation. Equine Align Academy will notify you when you are enrolled in a clinic when payment is received with a signed Enrollment Agreement.

All payments must be made in an acceptable form of certified funds as designated by the school. Fees are subject to change, but will not apply to students already enrolled.

Make certifiable funds payable to: **Sara Stenson**

Grading

Equine Align Academy follows a non-traditional approach to education where students are related to as adults; there are no grades, no passing or failing and you must complete the entire course. We take



responsibility to help you become as much of an Equine Align practitioner as you want to be. It is your responsibility to make as much of what is offered as you can, to seek help when you need it, to think critically, to challenge yourself to grow and to be both patient and persistent with yourself in cultivating the skills which will enable you to successful with your dream.

Conduct Policy

All students must act maturely and are required to respect all facilities, horses, other students and faculty members. Possession of weapons, illegal drugs, and alcohol of any kind are not allowed at any time on school facilities, at any of the equine facilities where lessons are held or at any school functions. Any violation of school policies may result in permanent dismissal from school.

Dismissal

Any student may be dismissed for violation of rules and regulations of the school, as set forth in school publications. A student also may be dismissed if s/he does not prepare sufficiently, neglects assignments, is disrespectful towards other students, people at the places lessons are held or faculty, or treats horses with disrespect. The director, after consultation with all parties involved, makes the final decision.

Instructors may temporarily suspend a student whose conduct is disruptive or unacceptable to the academic setting. After appropriate counseling, students who demonstrate a genuine desire to learn and conform to school standards of conduct, may be allowed to resume attendance. The director will review each case and decide whether or not a student may resume studies.

Refund Policies

Students who cancel the contract by notifying Equine Align Academy within three business days will receive a full refund. Students withdrawing and students who are dismissed after three days following enrollment or after commencement of lessons forfeit the entire tuition.



P.O. Box 985, Sparr, Florida 32192 • Voice: 970.481.5857

Application for Admission

Session: _____ Alternate Session: _____
Email: _____ Phone: _____
Name: _____ Cell/Pager: _____
Address: _____ Birthdate: _____ / _____ / _____
_____ Height: _____ Weight: _____

Emergency Contact: _____ Phone: _____
Address: _____ Cell: _____
_____ Relationship: _____

Educational Interests

School & Other Training (From/To, Area of Study, Result)

Prior healing arts experience or study:

Hobbies, Interests & Artistic Skills:

Current/Recent Employment:

Health Background Information:

If your physical activity has been restricted during the past five years please state reasons and durations:

If you have received treatment or counseling for a medical or psychological condition please summarize:

If you are in a doctor's care or if you have or have had a serious injury or illness please summarize:

